

Thick-it
Beef Lasagna Puree

Nutrition Facts

5 servings per container

Serving size 1/3 cup (79g)

Amount Per Serving

Calories **100**

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 290mg **13%**

Total Carbohydrate 7g **3%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Vitamin D 0mcg **0%**

Calcium 53mg **4%**

Iron 1mg **6%**

Potassium 165mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.